Success / Evidence / Strategies Tool (S.E.S.)

### Developed by Kataraina Pipi

## Step one

First, think about what your 3 greatest achievements over the last 6-12 months have been. They may be big or small, maybe an event you organised, maybe something to do with reaching a goal….Write these down in the first column.

## Step two

Second, when thinking about the evidence for that achievement or success, think about different kinds of evidence:

* What can I see that tells me this was an achievement?
* What do I hear myself saying to myself about this success? What do I hear others saying to me about this success?
* How do I feel about having achieved this?
* What’s the facts that tell me this was a success?

## Step three

Third, in the strategies column, we want you to think about at least 7 things – this is HOW and WHAT you and others did that was critical to the success

## Step four

Finally, in the reflection column – reflect on the following:

* So what are the learnings we need to be paying attention to?
* So what are the leverage points that might help us keep moving in the direction we want to go?
* So what does this mean I might need to do more of, less of, change, adapt, stop, create?
* Now what do I think my next action might be?

|  |  |  |  |
| --- | --- | --- | --- |
| **Success** | **Evidence (See, Hear, Feel, Facts)** | **Strategies** | **My reflections** |
| * Clearly outline your achievement (keep it short and sweet though) | * List the evidence – what can you see hear, feel, what facts tell you / confirm that this was a success? | * List the 7 ‘critical’ strategies used – without these it would not have been a success | * So what? * Now what? |
| * **Success 1:** |  |  |  |
| * **Success 2:** |  |  |  |
| * Success 3: |  |  |  |